

The Oxford dictionary defines Nirvana as – “a state of perfect happiness”

The design of our services is to introduce to our clients the means to achieve **Nirvana** by offering our clients a fast, efficient and proficient service.

This corporate portfolio intention is to acquaint you with the various services available from Nirvana Business Solutions.

The Emergency Medical Services in South Africa is always consistently criticised by the media about the ever- rising incidents of delayed response to emergencies. The very nature of our society is responsible for this dilemma, but there is a solution for this. By ensuring that we have people trained in the working/home environment in basic first aid and basic firefighting skills, we can make the difference between life and death. A further consideration should be the training of employees in Health and Safety issues to prevent problems before they arise.

Our management team has more than 22 years’ experience in the Emergency Medical Services, Occupational Health and Safety, Risk Advisory Services and Training Industry.

VISION AND MISSION STATEMENTS

VISION

To be the world-class leader in education, training and development.

MISSION

To provide high quality education, training and development in accordance with the prescribed criteria of the South African skills development strategy.

NIRVANA BUSINESS SOLUTIONS IS ACCREDITED WITH THE FOLLOWING GOVERNING BODIES

- Department of Labour-CI 553 : Construction Education Training Authority- 5P53568
- Transport Educations Training Authority-TETA11-191
- Board of Health Care Providers- Practice Number-011 000 0305073
- Local Government Sector Education & Training Authority (LGRS-1239-141212)
- HWSETA Ref: TETA11-191/MERSETA 17-QA/ACC/1065/15 : Nirvana Business Solutions BEE recognition is 100% Level (2)
- Certificates available on request.

NIRVANA BUSINESS SOLUTIONS SERVICES INCLUDE

- **Training Academy**
 - First Aid Training – Levels 1-3.
 - Fire Training – Basic and Advanced Fire Fighting.
 - Occupational Health and Safety Training.
 - Basic Ambulance Training.
 - Lifting Equipment.
- **Medics for Sport Events**
 - Basic to Advanced Life Support Paramedic`s
 - Basic to Advanced Life Support Ambulances.
- **Site Based Medical and Fire Fighting Services**
 - Providing Industries with on Site Emergency Medical Service Solutions & Ambulance Placements
 - Basic- Advanced Life Support Personnel.
 - Basic to Advanced Life Support Emergency Vehicles.
- **Health and Safety Implementation at**
 - Construction Sites.
 - Factories.
 - Offices and Workshops, full Health and Safety compliance implementation.
- **Occupational Health Care Services and Medical Screening.**
 - Primary Health Care.
 - A range of Occupational Health Care Services.

Nirvana business solutions training division offers the following courses

As one of the leading training providers in the industry, Nirvana Business Solutions is driven by customer satisfaction. Nirvana Business Solutions training division is fully accredited, equipped and our personnel is qualified to offer training in the following disciplines that includes First Aid, Fire Fighting, Health and Safety, Lifting and Bulk Earth works machinery training. At Nirvana Business Solutions we aim to empower individuals and companies to reach the highest standards of occupational health and safety through training and onsite inspections. Our training programs are designed for organisations and individual persons seeking to update their personal skills. Our teams of well-trained Assessors and Moderators engage with learners on a level that they are comfortable with, discussing everyday scenarios and putting our invaluable training into context, which makes for better preservation of the knowledge we impart.

Training can be conducted on or off site, or at our training centres where we are equipped to present all training programs.

- Basic First Aid
- Basic to Advanced Fire Fighting
- Occupational Health and Safety courses
- Forklift Training.
- Advanced Breathing Apparatus
- Hazmat Awareness
- Emergency Evacuation
- Grass And Wild land fire
- Risk Assessment
- Accident/ Incident Investigation
- Safety Officer Training
- Basic to Advanced Construction Health and safety
- Environmental management
- Basic Workers Safety
- Lock Out and Permit to Work
- Scaffolding Erectors
- Basic to Advanced Rigging and Slings
- Working At Heights & Fall Arrest System & Rescue
- Workshop Safety
- Supervise Construction Teams
- Root Cause Analysis
- Advanced Driving 4 X 4
- Advanced Driving Comprehensive
- Advanced Driving Skid Control & Collision Avoidance Code 8 / Code B
- Anti-Hijacking
- Transportation Of Dangerous Goods
- Bulk Earth Work Equipment
- Machinery Training
- Aids awareness
- Breathing Apparatus
- Hazardous Material Handling
- Hazmat Operational
- Confined space
- She Rep
- Occupational Health and Safety Act (OHS Act)
- Health and Safety For Supervisors
- Safety Officer Practical implementation
- Mines Health and Safety
- Safe Stacking and Storage
- Explosive Act
- Legal Liability
- Scaffolding Inspectors
- Working At Heights & Fall Arrest System
- Welding Safety
- Safe Use of Hand and Power tools
- Snake Handling
- ARC Welding, Gas Cutting, Grinding, CO2, TIG Welding
- Aluminium Welding, Cast Iron, Plasma Cutting
- Boiler Making
- Brazing
- Preliminary Fire Fighting
- Safety Management

Medics For Sport Events

Nirvana's Special Events Management Team's focus is to provide medical, security and safety back up for any type of event. Nirvana provides emergency personnel and vehicles for school sports events, major sporting events, extreme sporting events, exhibitions, shows and corporate functions.

Just as each event is unique, the Nirvana team will ensure that the coverage afforded is equally unique, and structured to ensure cost effectiveness, efficiency, and above all peace of mind.

Staffing and logistical structures for each event are based on the individual event's unique requirements and thus will be designed to ensure that a safe and rapid treatment and transportation infrastructure will be fully available and equipped, should an emergency arise.

Nirvana Personnel

Nirvana Business Solutions personnel consist of highly qualified and professional: Paramedics, Doctors, Nursing Sisters and First Aid trained staff, Risk and Occupational Health and Safety Experts, Facilitators and Assessors as well as Security personnel.

All personnel are registered with the relevant registration bodies of South Africa.

NIRVANA FLEET

Nirvana's fleet of vehicles consist of the following:

- Basic up to Advanced Life support Ambulances.
- 4 x 4 vehicles for events that are on rough terrains.
- Quad Bikes are used by paramedics in areas where there is no access to Ambulances.
- Road Bikes for quick response.
- Speed Boat for all types of water events.



SITE BASED MEDICAL AND FIRE FIGHTING SERVICES

Accidents and Medical Emergencies occur every day, affecting thousands of lives. The "it will never happen to me" mind set is quickly shattered when an emergency occurs at work or close to home.

Our Site Based Emergency Medical and Fire Services is designed to manage these eventualities. Having on-site Emergency Medical Services is of critical importance, to ensure that there is no delay in providing effective medical treatment to an injured or sick employee on-site in case of an emergency and get them to a medical facility ASAP, especially on remote sites.

With Nirvana Business Solutions management team's tremendous wealth of experience in the Emergency Medical Services field, we are in such a position to implement and take over our client's Emergency Medical and Fire Services, as well as Occupational Health and Safety teams.

"Our personnel and paramedics are experienced and have the expertise to provide and deliver our EMS services and products professionally."

"Our unique services to assisting, include but are not limited to the following industries."

- All Mining Industries; Coal, Gold, Diamonds
- Energy, Wind Farms, Solar Farms, High Power lines.
- Shopping Malls and Centre's, Holiday Resorts, Aviation etc.

As each site and industry is unique and has similar requirements, a Risk Assessment and a needs analysis is conducted before placement and recommendations are made ensuring that by this, the resources committed, will have the maximum impact for our clients and that all legislative and Health and Safety requirements are met.

OUR SERVICE SOLUTIONS AND PRODUCTS INCLUDE

- Paramedic's Basic to Advanced Life Support.
- Fully Equipment Ambulance Basic to Advanced Life Support.
- Emergency Response Vehicles-Standard and 4x4 Vehicles.
- Fire Fighters.
- Fire Fighting Vehicles and Equipment.
- Paramedic's trained as Safety Officers, Working at Heights techniques, Snake Handling and underground services.
- Managing and assisting on-site clinics.
- Emergency air medical evacuation (with selected packages).
- First Aid level 1 to 3 training.

This service is also provided 24 Hours

Fire Fighting staff are trained in Fire Fighting 1&2, Hazmat, Vehicle, High Angle, and confined space rescue etc.

All Fire Fighting Equipment can be provided by Nirvana Business Solutions, this service is offered throughout Africa.



OCCUPATIONAL HEALTH AND SAFETY IMPLEMENTATION & HEALTH AND SAFETY FILES

Occupational Health and Safety remains on the forefront of every company's business plan. Without this vital function, businesses may just as well shut down their practices. With the Department of Labour's Zero-Tolerance it is an important aspect of all companies to ensure establishment and maintenance of OHS and / or Safety, Health and Environmental (SHE) Management Systems, addressing at least minimum statutory requirements.

Benefits of an effective Health and Safety system in the workplace?

- Protection of assets and avoidance of unnecessary legal liabilities.
- Improvement of quality of life for all employees which benefits the employer.
- Financial benefits, meaning that employees and employer reaps the benefits.
- General morale and health status of employees are improved.
- Improved production standards and improved employment opportunities.
- Improved quality of products and increased market shares.
- Decrease of disabling injuries and incidents.

Our Service focus on the following:

- **Statutory Health, Safety and Environmental administrative requirements at the following workplaces.**

Construction Sites:

- Management Statement.
- Health and Safety Policy.
- Health and Safety Plan.
- Copy of summary of the OHS Act.
- Risk Assessments.
- Regulator appointment.
- Training Records.
- Induction Records.
- Registers.
- Safe working procedures.
- Department of Labour Correspondence.

In addition, on construction sites, the client's sites are visited once a week, by one of Nirvana Business Solutions safety inspectors and a Health and Safety report will be retained on the site Safety File.

For factories, offices and workshops, full Health and Safety Legal compliance or management system will be implemented on a project plan with a service delivery basis if so required or alternatively the client can purchase the management systems, containing the required documents and do their own implementation and auditing.

This division of Nirvana Business Solutions assists companies with legal compliance of the Occupational Health and Safety Act of 1993.

Nirvana Business solutions appoints a qualified Auditor to conduct on-site audits and to ensure administrative and physical compliance to the OHS Act of 1993 and the regulations.

OCCUPATIONAL HEALTH CARE SERVICES

This division of Nirvana Business Solutions executes two types of services, Primary Health Care and Occupational Care Services, identifying occupational disease and managing them according to the OHS and COID Acts.

Furthermore, to provide information to the production manager determining measures to eliminate, control and minimise health risk and hazards to which employees are or may be exposed.

Primary Health Care Services

- HIV voluntary counselling and testing
- Diabetic monitoring
- Blood pressure monitoring
- Wound care
- Pap smear
- Pregnancy test
- Blood sample collection e.g. HIV, cholesterol etc.
- Physical examination
- Insertion and removal of stitches
- Family planning

Occupational Health Care Services

- Pre-employment,
- Periodic and exit medical screening,
- Specialising in Lung function test (spirometry) and Hearing test (audiometry).

History

Past medical history
Past occupational history
Family history
Personal history

Physical Examination

General Physical Assessment

Urine test

Blood pressure monitoring
Temperature, Pulse and Respiration
Height, Weight
Eye Test
Examination: Ear, Nose and Throat
Auscultation: Chest, ear, Lungs, Abdomen
Palpation: Abdomen, Lower extremities
Hearing test if necessary
Lung Function test if necessary

CONTACT DETAILS & COMPANY INFORMATION

NATIONAL NUMBER

0861 EMS NOW or 0861 367 669

EAST RAND BRANCH | HEAD OFFICE

Tel: 011 740 2928 / 011 7404667 / 011 740 9507 | Fax: 0865 106 557

Email: reception@nirvana.co.za • Website: www.nirvana.org.za

[111 Voortrekker Ave Brakpan](http://111VoortrekkerAveBrakpan.com)

PRETORIA BRANCH

Tel: 076 489 8176 | Email:
pretoria@nirvana.co.za
Address: 674 Brujen Building,
Paul Kruger Street, Les Marais,
Pretoria

NAMIBIA BRANCH

Tel: +264 81 653 9405 | Email:
training@nirvana.co.na
Address: 230 Sam Nujoma
Avenue, Walvisbay, Namibia

PORT ELIZABETH BRANCH

Tel: 041 004 0418 | Email:
pesales@nirvana.co.za
Address: 89 Newton Street, Newton
Park Port Elizabeth

ESWATINI BRANCH

Tel: +268 7844 8316 /
+268 7673 9932 | Email:
eswatini@nirvana.co.za
Address: Millers Mansion 3rd
Floor Mbabane

Director: T.C Vos | Leboa Investments 28 (Pty) Ltd t/a Nirvana Business Solutions | Reg# 2007/018163/07
111 Voortrekker Road, Brakpan, Gauteng, 1541 | PO Box 11343, Brakpan, 1540
Contact: 0861 367 669 | Fax: 0865 106 557 | Email: theo@nirvana.co.za | Website: www.nirvana.co.za